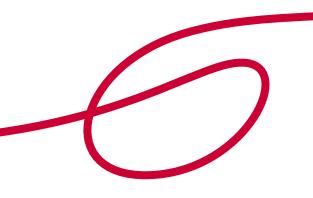
Referee & coach seminar 2023





20 groups

223 videos

selection of 96





Flexible with timing after a good topic





- explanation
- videos
- questions





Diving situations







- = using the head to throw
 - protect the children
 - if there is a hand/knee/arm
 - doubts: use care-system
 - → can we pause/freeze the video?
 - mixed action: no HM







Head defense - bridge - nothing



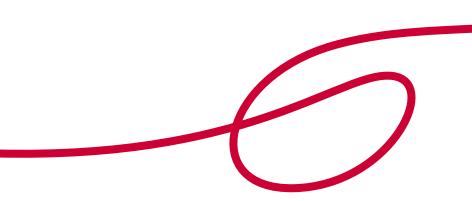
HEAD DEFENSE - BRIDGE

- How is Uke defending?
 - using the head to defense (no bridge) = HM
 - bridge (1 or 2 feet on the mat & no back on the mat) = ippon
- close call: ippon better









Breaking grips



BREAKING GRIPS



- separation is key
 - 1 or 2 hands is ok : no separation
- Tori takes risk to break KK
- no hand in the sleeve
- gesture?
- breaking with the leg: really breaking









Pushing vs stepping





- push out: like push out a car
- attention for false attack at the border (~escaping attack)
- one hand push









HSK or not





- Difference between kata-sankaku and tawara gaeshi
- What is ok and what not
- kata-sankaku and pressure on the spine (2 legs)









Kaeshi waza





- a valid counter = no use of the back on the mat
- direct new attack or counterattack (can the referee say mate)









False attack





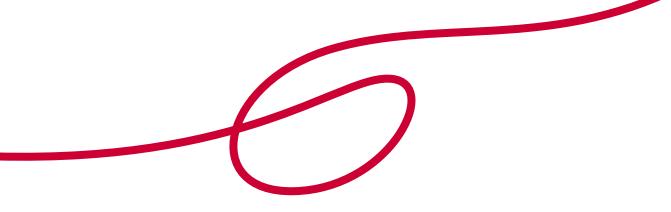


- no kuzushi
- no reaction from uke
- no kumikata
- 1 time on the limit and fast back up









Illegal joint lock



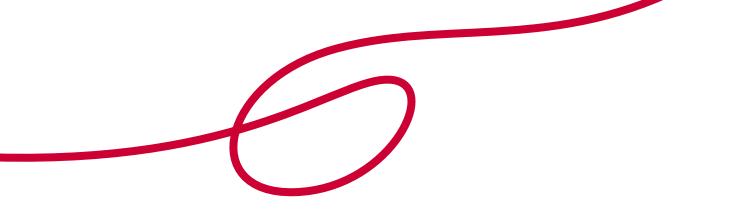


- control of the wrist
- pressure on the elbow
- only kansetsu waza: mate + shido
- with throw: HM









Bear hug





- need 1 grip to do bear hug
- don't say immediately mate, maybe the opponent can score







Kansetsu from TW



KANSETSU from TW

- Fake attack and kansetsu waza = shido









Osae-komi or not





- look for real locking moment: like in katame-no-kata
- during OSK: 90°
- after score yes or not: give OK
- not too fast, if immediately TKT it was too fast
- check the scoreboard/time





OSK or NOT





NW vs TW



NW vs TW

- NW =
 - 1 on 2 knees & 2 elbows
 - 1 flat on the stomach
 - both on 2 knees facing each other
- NW in half TW = taking a risk (f.e. going to juji)
- pressure on shoulder while turning mate (uke on front)









Wazari or Ippon





Rolling over the belt : wazari Rolling above the belt : ippon





WAZARI or IPPON



Score vs no score





We need a technique jumping over to end technique: feet in the air





SCORE vs NO SCORE





Score vs no score: continuation





- we need to identify:
 - if there is continuity in TW or
 - if it's pushing for transition to NW
- we need a continuation of the technique
- steps after a throw
- 2 times tomoe nage is ok





Score vs no score: 90 degrees





SCORE vs NO SCORE: 90°

Only shoulders 90°





SCORE vs NO SCORE: 90°





Score vs no score: shoulder - upperback



SCORE vs NO SCORE: shoulder-upper back

Scapula impact side upperback : not full side





SCORE vs NO SCORE: shoulder-upper back





Score vs no score: counter rolling to the back





SCORE vs NO SCORE: counter rolling on the back

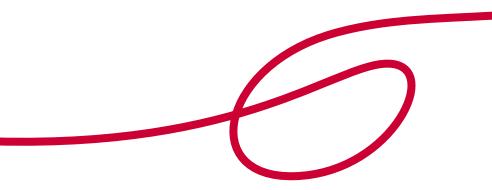
- Need kodokan techniques:
 uki otoshi sumi otoshi
 uke or tori changes direction
- No counter action with feet in the air (just jumping over)





SCORE vs NO SCORE: counter rolling on the back





Mate





- 2 meter safety area: TW or NW
- Kata sankaku: NW to TW





MATE



Mixed: direct videos





- Ushiro sankaku gatame

open the SKK control or mate (pressure on the neck)





- Reverse SN

2 hands hikite side = ok, 2 hands tsurite side = shido



IJF topics

- Golden score osk until 10"
- Ippon + osaekomi is recommended
- Shido

turn to the athlete (communication)

2 shido's together and already 1 shido on the SB

- Double o uchi gari
- Shime waza with closed & crossed legs = shido



IJF communications

- Examinations B- & A-licence:
 - after OG 2024 all candidates IJF Academy practical module
 - theorethical test (B-licence 60%, A-licence 70%)
 - program:

day 1 & 2: refereeing seminar

day 3: theorethical test + interviews

day 4-5-(6): competition



Questions





Thx

